

Model Recipe for a Disciple

INTRODUCTION

In our church, our pastoral staff, lay leaders and congregation are in agreement with Jesus' statement in Matthew 28:19-20 that **our one and only purpose is to be a growing disciple who makes growing disciples** – persons conformed to the image of Christ. We define a disciple of Jesus in the following way:

Definition

A disciple is one who, through faith, repentance, and baptism, has accepted the Lordship of Christ and becomes intentionally and persistently His life-long learner and apprentice. A disciple has rejected the world's approach to living in exchange for a relentless pursuit of the teaching and example of Jesus, striving to become like Him through a life of submission, self-sacrifice, and obedience. By the power and direction of the Holy Spirit a disciple diligently learns and applies the Word of God, serves others, spreads the Gospel, and reproduces by making other disciples.

In our church, we have decided to follow Jesus' own model in making disciples. When Jesus made disciples, He did so in four phases. We call these – “Come and see,” “Follow Me,” “Be with Me,” and “Remain in Me.” In each phase, He trained His disciples to adopt specific values, develop individual behaviors, habits, and virtues and become involved in ministry. As church leaders, we have carefully studied the Bible to collect “All that Jesus commanded,” and listed each of these in the same four phases Jesus used in His discipling process. Now, what remains is three kinds of responsibilities, as seen in 1 Corinthians 3: 6, which says,

“I planted, Apollos watered, but God was causing the growth.”

F I R S T , as leaders, we are responsible to lead – to plant and water – to provide the setting and structure for your growth, just like Jesus did. We must provide a process and curriculum to help you grow.

S E C O N D , as church members, you have a responsibility to cooperate and participate in this process and do your part to grow just like Jesus' disciples.

T H I R D , it is up to God to cause the growth.

Please look at this booklet as a tool to guide you in becoming a disciple and making disciples, not just any kind of disciple, but the kind Jesus commanded us to become and make, one that obeys all that He commanded. In these pages, you will find:

- **A DEFINITION** of a “Disciple” –(above)
- **A SUMMARY** of each of Jesus' four phases for making this kind of disciple.
- **A DETAILED DESCRIPTION** for becoming and making a disciple in each phase of growth, including a statement of which ministry in our church is responsible to develop each phase.
- **A SHORT EVALUATION** you can use to help discover where you presently are in your life-long journey to become conformed to the image of Christ – to be His disciple.
- **A SUGGESTED** way for you to determine which ministry will help you most to take the next step in your personal journey.
- **An OUTLINE** for the curriculum used in each of the four phases.

A Summary of Characteristics to Be Developed in Each of Jesus' Four Discipling Phases

COME AND SEE – Spiritual Seekers to Growing Believers. - Programs = Outreach events + Discovery groups + individual evangelism + Worship

1. **Salvation** - A disciple is drawn to Jesus Christ, hears the good news, trusts Christ as savior, is baptized, and begins the journey of an eternal relationship with Jesus Christ.
2. **Beliefs** - A disciple begins to build his knowledge of the Bible and basic Christian doctrines including the doctrines of Assurance of salvation, God the Father, Christ, Holy Spirit, Salvation, the Christian life, the Afterlife.
3. **Behaviors** – Grows in love, fellowship, holiness, prayer, Bible study, church attendance, repentance, confession, spiritual growth, and commitment.
4. **Ministry Involvements** - Spends time observing a discipling maker in ministry and evangelism and begins to witness to friends.

FOLLOW ME - Growing Believers to Faithful Witnesses – Programs = Growth Group + ABF + Worship + Apprenticeship

1. **Behaviors** - faith, learning, modeling, integrity, compassion, godly living, obedience, and being a bold witness

2. **Habits** - prayer, Bible study, solitude, confession, fasting, worship, obedience, service, confession, stewardship, witnessing, and discipling one's own family
3. **Relationships** - love for God and others, honor, fellowship, reciprocal love and respect.
4. **Virtues** - Humility, compassion, generosity, forgiveness, self-denial, and contentment.
5. **Ministry Involvements** - cultivating ministry gifts, being apprenticed and held accountable and disciplined in a small group, spending time observing a disciplemaker, participating in ministry with a disciplemaker, and financially supporting ministry.

BE WITH ME - Faithful Witnesses to Motivated Ministers- Programs = LIFE group (or MC) + ABF + Worship

1. **Behaviors** – Does not grow weary, speaks truth in love, obeys always, seeks Christ's kingdom, praises God, expects persecution, and applies what he learns,
2. **Habits** – Draws near to God, a servant, Rejoices, gives thanks, is an example in speech, conduct, love, faith, purity
3. **Virtues** - Passionately pursues God, Reflects Christ's life, develops maturity through persevering, honors others, Develops all the fruit of the Spirit..
4. **Relationships** – Nurtures relationships with believers, their family, their church, and unbelievers
5. **Ministry involvements** – An ambassador for Christ, has compassion for the lost, Intentionally evangelizes, Allows Holy Spirit to convict others, recruits and trains apprentices, encourages and corrects disciples, models for disciples, focuses on shepherding disciples, serves with humility, Ministers from Christ's power, bears fruit, uses spiritual gifts, continues to be trained, takes the lead in ministry, is faithful in ministry.

REMAIN IN ME - Motivated Ministers to Lifelong Disciplemakers – Programs = LIFE group(or MC) + ABF + Worship

1. **Behaviors** – Makes Jesus Lord, counts the cost, shoulders his share of suffering, joyfully accepts persecution, expects suffering,
2. **Values and attitudes** – Values heavenly treasure most, content in all circumstances, intrinsically motivated to serve.
3. **Habits** – Abides in Christ, walks as Jesus walks, perseveres in faith, overcomes temptation, a servant of Christ, lives as a sojourner
4. **Virtues** – A good steward, a servant, loves God passionately, surrenders entire life,
5. **Relationships** - Loves other Christians with Christ's love
6. **Ministry involvements** – Avoids unhealthy arguments, proactively evangelizes despite persecution, models servant leadership, prioritizes ministry above all else, prays for his apprentices, faithful to his calling, guards spiritual life of self and apprentices, evaluates disciple's progress and trains appropriately, reveals God to his disciples, rejoices in fruit, a team player, equips other disciples to make disciples, admonishes the disobedient, confronts false doctrines,

PHASE ONE “PROCESS”

PHASE I – SPIRITUAL SEEKERS TO GROWING BELIEVERS

In this phase, a seeker develops an interest in the claims of Jesus Christ, puts their faith in Christ leading to salvation and baptism and begins to intentionally grow in a life-transforming relationship with God.

Major Intent

- Explore the gospel of Jesus Christ and understand the basic Christian beliefs and truths.
- Encourage enough commitment to pursue a life in Christ
- Lead unbeliever to receive Christ as Savior
- Nurture new believers in the unending process of growing in Christ

Commitment

- Moves from occasional participation to eagerly desiring to follow Jesus.
- Willing to investigate the truth claims of Christianity
- Personal time with a disciple-maker.

Involvement

- Ask questions, seeks truth
- Sees personal spiritual need
- Observes the life, work and ministry of disciple makers
- Worship and small group attendance

Final Goal

- Low commitment
- Strong emphasis on attraction rather than on training
- Repentance from the old life, put their faith in Jesus as Lord and Savior and be baptized
- Accept the Bible as God's word
- Focus on basic beliefs and behaviors
- Has seen the gospel shared with unbelievers and begins to share the gospel with others
- Exhibits life change
- Ready and willing to progress to next phase of discipleship

Duration

- 6 - 12 months

Approaches Used

- Outreach events
- Discovery groups
- Prayer and individual relational evangelism
- Teaching/preaching at weekend services
- Ministry by disciplemakers and ABF's.

Phase 1 Transformational Indicators

1. Salvation

- A disciple recognizes Jesus as God's Son – John 1:41; 49
- A disciple knows that Christ died for him – Acts 4:12; Eph 1:7;
- A disciple places his trust and faith in Christ – John 1:41, 49 – 50; Acts 4:12;
- A disciple rejoices in his relationship with God – Luke 10:20; Romans 5:2; Phil 3:1
- A disciple hears and accepts God's word – Matt. 4:20; 1 Thes. 2:13
- A disciple intentionally pursues a growing relationship with God – Rev. 3:20; Eph 2:13
- A disciple repents of past sins and is baptized – Acts 2:38, Acts 16:15

2. Behaviors

- A disciple has assurance of his salvation by grace through faith not works – Gal. 3:11; Eph 2:8; Acts 2:38
- A disciple grows in love and respect to all – 1 Tim. – 5:1 – 2; Phil. 1:9; 1 Peter 1:8; 2:18
- A disciple begins to fellowship with other believers – Acts 2:42; 44; 2 Cor. 13:11
- A disciple begins practicing personal holiness – 1 Cor. 6:9 – 11; Eph. 4:22 – 24
- A disciple learns the ways and knowledge of God – Phil. 1:9; Col. 1:10
- A disciple learns to Pray – Matt. 6:5 – 13; Luke 11:2-4
- A disciple is ready to apply God's word – Acts 2:42; 1 Peter 2:2
- A disciple has the desire and need to know God – Eph. 2:13; Rev 3:20
- A disciple begins regular church attendance – Heb. 10:25; Romans 10:15
- A disciple confesses Christ is Lord – Romans 10:9
- A disciple repents Acts 26:30
- A disciple listens to the spiritual leaders of the church – Phil 2:29; 1 John 4:6
- A disciple learns about faith through God's Word – Romans 10:17
- A disciple thanks God for the blessings He has given them – Col1:12
- A disciple is sure of his relation with God – John 1:12; Gal 4:7
- A disciple cooperates with God in spiritual growth – 2 Cor. 13:11, Heb. 6:1
- A disciple confesses their sins to God and one another – Acts 19:18, Js. 5:16
- A disciple worships God – Rev. 22:9
- A disciple builds enough commitment to begin the next phase of growth. Lk 5:1-11.

3. Beliefs.

a. Regarding God

- finds God by faith. Rom. 9:32;
- knows that God is the supreme supernatural Spirit. John 4:24 Eph. 1:8;
- knows that God created all things. 1 Pet. 1:8s. Eph. 3:9
- knows that God's will is for Christ to rule over all creation. Eph. 1:10
- begins to understand the attributes of God like:

<i>Infinite</i>	He is everywhere. He cannot be measured or understood by finite man. Rev. 22:13; Psalm 145:3
<i>Personal</i>	We refer to God as <i>He</i> not <i>It</i> .
<i>Triune</i>	He is not only personal, but actually three persons in one God, Father, Son and Holy Spirit. Gen.1:26; Isa.6:8; John 10:30; John 8:41; Act.5:3,4; Mk. 12:32
<i>Transcendent</i>	He is from another world outside our own. Gen 1:1; Psalm 113:5; Judges 13:18
<i>Immanent</i>	He is also with us. God is everywhere. Ps. 139:7-12; Jer.23:24b; Acts 17:27
<i>Omniscient</i>	He is all-knowing. Mt. 11:21
<i>Omnipotent</i>	He is all-powerful. Rev. 19:6; Lk 1:37; Mat.19:26
<i>Love</i>	He is benevolent and good. Eph. 2:4-5

b. Regarding Jesus Christ

- knows Jesus is God, an equal member of the Holy Trinity. Heb.1:8; John. 8:58; Phil 2:10
- knows that Jesus is God's son, equal with God the Father. John. 5:18
- knows Jesus is the Messiah. Isa. 53; John 1:41, 49, 50; Mt. 16:16
- knows Jesus was incarnated in human flesh,. Mt.1:16; I John 1:1; John 1:1,14
- knows that Jesus is the Lord of all nature Mt. 14:33
- knows Jesus is more powerful than Satan Lk. 11:20-22
- knows that Christ saved us by taking and paying for our sins Gal. 3:13; Eph. 1:7
- knows that Christ has all authority and is head of the church Eph. 1:22
- knows that in Christ, Jews and Gentiles are one body Eph. 3:2

c. Regarding the Holy Spirit

- knows they received the Holy Spirit the moment they first believe. Acts 2:38
- knows they receive the Holy Spirit by faith, not good works Gal. 3:2
- knows he/she is the dwelling place of the Holy Spirit Eph. 2:22

d. Regarding SalvationPrior to salvation,

- knows he/she was spiritually dead before salvation. Eph. 2:1
- knows he/she followed Satan before salvation. Eph. 2:2
- knows that before salvation God's anger and judgment were upon him/her. Eph. 2:3
- knows that he/she was saved because God loved him/her. Eph. 2:4
- *knows he/she was predestined to be God's child. Eph. 1:5*

As a result of receiving Christ

- knows he/she was saved by faith, and that faith was sovereignly given as a gift by God Eph. 2:8
- knows that through Christ's death he/she inherits a relationship with God Eph. 2:13
- has assurance of salvation and eternal reward Eph. 1:13-14
- knows Jesus' death rescued them from sin Gal. 1:4
- knows Jesus is the only way of salvation Acts 4:12; I Jn. 3:23, 5:1, 5:10, 5:13
- knows he/she is saved and a child of God as a result of faith, not works Gal. 4:3; Romans 4:5; Lk. 7:50
- knows salvation is by grace, not law Gal. 2:15; Gal. 3:11
- knows that, apart from faith, all men are prisoners of sin and death Gal. 3:23
- knows that faith in Jesus results in eternal life Jn.11:25; Lk. 7:50
- knows that at salvation, God placed him/her in Christ (giving them every benefit of Christ, Himself) so that they reign with Christ in heaven Eph. 2:6
- knows that apart from Christ they are excluded from God and His blessing Eph. 2:12
- knows that in the future he/she is the beneficiary of all God's grace and kindness Eph. 2:7
- knows the hope, the eternal future, God has for them Eph. 1:8
- knows he/she is a son of God and an heir to the promises of God Gal. 4:7; Eph. 1:8

e. *Regarding the Christian Life*

- knows they are a child of God Mt. 17:26
- knows he/she has been chosen to be holy Eph. 1:4
- knows that he/she has the purpose of glorifying God Eph. 1:6; Eph. 1:11-12
- a disciple obeys Jesus Mt. 17:5
- knows God created him/her to do good works, which were prepared by God before creation Eph. 2:10
- knows God has already given them all spiritual blessings Eph. 1:3
- waits anxiously for Christ's reward Jude v.21

f. *Regarding God's Holy Word*

- knows that the gospel is a revelation from God. Gal. 1:12
- knows that God's Word is divine in origin. II Tim.3:16; II Pet. 1:20-21
- knows God's Word is inerrant. Mt. 5:17; John 10:35; Mt. 22: 31-32;
- knows that the purpose of the law was to expose sin, not save men from it. Gal. 3:19
- knows God's word must be understood by faith. Heb. 4:2, 11:3

g. *Regarding satan*

- believes in the existence of satan Jn. 8:44
- believes satan is a liar, the father of lies Jn. 8:44

4. Ministry Involvement

- A disciple observes their disciplemaker doing relevant ministry – Jn. 4:1-2
- A disciple observes their disciplemaker practicing evangelism – Jn. 3:1-21
- A disciple begins to share the gospel with unsaved friends – Jn. 1:45

PHASE TWO “PROCESS”

GROWING BELIEVERS TO FAITHFUL FOLLOWERS

A disciple establishes a basic lifestyle of a follower of the Lord Jesus in the areas of Christian disciplines, behaviors, values and ministry involvement.

Major Intent

- Establish basic character and build basic habits of Christian living
- Preparation for service and/or leadership
- Train to become “fisher of men”.

Commitment

- Loyal to Jesus Christ and His church
- Regular attendance in ABF, growth group, and weekend services

Involvement

- Receives guidance from the mentoring and coaching of a discipler.
- Accountable to a group for spiritual growth and training.
- Begins to serve in ministry, but does not lead

Final Goal

- Heightened commitment
- Engaged in regular quiet time
- Displays basic Christian behavior, values, and habits.
- General overview of the whole of Scripture.
- Has a deeper understanding of Christian doctrines
- Freely shares their faith
- Has identified and is trained to use their spiritual gifts
- Engaged in the spiritual disciplines
- Accountability and openness
- Is prepared to begin serving and/or leading as a disciplemaker

Duration

18 – 24 months

Approaches used

- Growth Groups, one on one mentoring
- ABF's
- Seminars/courses
- Preaching and teaching
- Apprenticeships

Phase 2 Transformational Indicators

1. A Disciple Develops the following behaviors

- A disciple lives by faith - Rom. 1:17
- A disciple seeks teaching, training, and guidance 11:1, Mat 11:25, Heb. 13:7 1 Pet. 5:5, 1 Cor.
- A disciple has Christ as primary role model 11:24,25 Eph. 5:1,2, Matt.
- A disciple learns to live with integrity and influence for Christ 2:15, Acts 5:29, Eph. 5:3 John 3:21, Phil. 1:27,
- A disciple develops compassion for unbelievers 10:1, Mark 2:15, Romans
- A disciple begins to express the character of Christ 1:9-12, Rom. 13:14, Js. 3:18 Gal. 5:22,23, Col.
- A disciple learns to reject worldly values and lifestyles 12:2 Matt. 6:19-34, Rom.
- A disciple learns to love Christ through active obedience John 14:15,21,23 1 John 2:3-11,
- A disciple learns to become an open witness and disciple-maker Tim. 2:2, Acts 1:8 Matt. 28:18-20, 2

2. A Disciple Develops the following habits:

- Prayer - Matt. 6:5-7, Phil. 4:6, James 5:16, Eph. 1:16
- Study of God's Word- Knowing the commands of Christ - 2 Tim. 2:15, Eph. 6:17, Purity - of thought and action - James 1:17, Eph. 5:3-9, Phil. 4:8
- Personal daily devotions – Mk. 1:35
- Solitude - Mark 6:31, 32, Acts 10:9
- Confession (to God) - 1 John 1:9
- Fasting - Matt. 6:16-18
- Worship (personal) - Luke 4:8, John 4:23
- Obedience - 2 Cor. 10:5, Heb. 5:8, 1 John 5:2,3, Heb. 13:17
- Service - Mark 9:35, 10:43, Heb. 12:28, Gal. 5:13
- Worship/Celebration/Communion (corporate) - Eph. 5:18-20, John 4:23,24, 1 Cor. 11:23-39
- Confession/Openness (to one another) - James 5:16
- Stewardship/Generosity - Matt. 4:2, Matt. 6:16-18, Acts 13:2,3
- Witnessing (Jn. 4:39; Acts 9:22, 11:19-20, 18:3; II Cor. 5:11; Phil. 1:14; Col. 1:7; I Pet. 2:9)
- Discipling one's own family if head of household – Deut. 6:6

3. A disciple develops the following relationships

- A disciple loves God and loves people - Mt. 22:37-40, Heb. 12:28-13:1
- A disciple is honorable in relationships - Rom. 14:3, 1 Cor. 7:10,11, Eph. 5:25-28, 6:4,9
- A disciple cultivates the relationship of fellowship - Acts 2:46,47,4:32,Rom.12:9-21, Heb. 10:25
- Responding with reciprocal love (II Cor. 6:13, 7:7)
- Respecting the disciplemaker (Acts 6:8; II Cor. 12:11; Phil. 3:17, 4:9)

4. A disciple Develops the Following Virtues

- A disciple learns humility – Js. 1:9, 4:6, Matt. 23:2-12, Phil. 2:3, 1 Pet 5:6
- A disciple learns compassion and generosity - Matt. 25:34-40, Mark 12:41-44,
- A disciple learns to forgive - Matt. 6:12, 18:21-35, Heb. 12:15, Eph 4:32
- A disciple learns self-denial - Matt. 16:24, Romans 6:4-11, Eph. 4:22-24
- A disciple learns contentment - Rom. 9:19-21, Phil. 4:11, Heb. 13:5, 2 Cor. 12:10

5. A disciple Develops the Following Ministry Involvements

- A disciple learns and cultivates his ministry gifts - 1 Cor. 12:12, Eph. 4:11-13, Rom. 12:3-8
- Learns under the direction of a disciplemaker in a small group (all passages taken together)
- Apprenticing to a disciplemaker (Mt. 23:3; I Thes. 1:6, 3:14; II Pet 1:19)
- Spending time observing the disciplemaker in life and ministry (Mk. 3:1; Lk. 8:1) (Mk. 1:29; John 3:22)
- Participating in ministry with the disciplemaker (John 4:2)
- Making himself/herself accountable (Acts 15:2, 16:4, 19:30-31; I Cor. 16:16)
- Financially supporting the cause of Christ (Lk. 8:3; I Cor. 9:11; Titus 3:14)

PHASE THREE “PROCESS”

GROWING BELIEVERS TO FAITHFUL FOLLOWERS

A disciple continues to grow through intentional teaching and modeling. They develop a deepening love for and dependence upon Jesus as a daily life pattern. Their growth focus is on advanced attributes of Christlikeness, continuing to be equipped for ongoing ministry in alignment with their giftedness. They function as disciplemakers – whether in group or in one-on-one settings.

Major Intent

- Begins to disciple others
- Deepen basic Christian disciplines and develops virtues and character
- Actively involved in ministry or ministry leadership
- Develop skills for multiplying disciples
- Willing to suffer for the faith

Commitment

- Willing to give life for Christ; continues to be mentored by disciple-maker and other ministry leaders.
- Continues to pursue an intimate relationship with God
- Has an active ministry commitment in the local church

Involvement

- Observes and learns ministry of becoming a disciplemaker
- Works alongside key leaders
- Lead, trains and serves in a ministry
- Active participation in small group and discipling others

Final Goal

- Highly committed, dedicated disciple and servant.
- Prepared to be a disciplemaker
- Lives out God's word; able to guide others in God's Word.
- Suffers for the sake of the Gospel and perseveres in the face of hardship
- Continued growth process with focus on more advanced habits and character.
- Spends quality time with mentor and other Christian leaders.

Duration

24-36 months

Approaches used

- Ministry community, leader's meetings, one on one/one on few apprenticeships
- LIFE groups
- Intentional OJT

Phase 3 Transformational Indicators

1. A disciple develops the following behaviors

- A disciple does not grow weary in well doing. (Galatians 6:9; 1 Corinthians 15:58; 2 Corinthians 4:1; Hebrews 12:3; Revelation 2:10)
- A disciple speaks the truth in love. (Eph 4:15,25,29; 5:4; I Tim 3:3; II Tim 2:14,16,24; Titus 2:8; James 1: 26)
- A disciple obeys God's will (Mt 7:21, 28:20; Luke 11:28; John 12:35-36, 14:23; Acts 8:27-38; 9:15-17; 1 John 5:3)
- A disciple seeks God's Kingdom and righteousness, never worrying, but trusting God to provide all he needs. (Mt 6:25-34; Luke 12:11; Phil. 4:6)
- A disciple praises God. Hebrews 13:15 Mt 28:17;
- A disciple expects persecution as a result of his obedience to God's will.(John 15:20-21; Phil 1:27-28; I Thessalonians 3:3-4; 2 Timothy 3:12, Heb. 10:32-36)
- A disciple has an eternal perspective on unjust suffering and rejection, and so perseveres in trials, knowing that they will bring growth and eternal blessing. (Rom 8:17-18, II Thessalonians 1:4-6; Hebrews 10:32-36; 1 Peter 3:14,17; Rev 2:10)
- A disciple learns that hearing must be followed by doing. (Luke 6:46-49; Romans 2:13; James 1:22-25)

2. A disciple develops the following Habits

- A disciple draws near to God through worship and praise (Psalms 37:4; Matthew 4:10; John 4:23-24; John 20:27-28; Revelation 4:11, 5:12)
- A disciple continues to learn and obey the Word of God through constant study and application. (Ezra 7:10; Acts 17:11; John 14:24-26; I Tim 3:2; 4: 13; Rom 15:14; 2 Timothy 2:15 Colossians 3:16; James 1:22)
- A disciple exists to serve God and man (Matthew 20:26-28; John 13:12-17; Colossians 3:24)
- A disciple rejoices always and gives Him thanks in all circumstances. (Luke 24:53; 1 Corinthians 15:57; Ephesians 5:20; I Thessalonians 5:16-18;)
- A disciple is an example to all believers by speech (I Tim 4:12-15)
- A disciple is an example to all believers by conduct, (I Tim 4:12-15)
- A disciple is an example to all believers by love, (I Tim 4:12-15)
- A disciple is an example to all believers by faith, (I Tim 4:12-15)
- A disciple is an example to all believers by purity. (I Tim 4:12-15)

3. A disciple develops the following Virtues and Character traits

- A disciple passionately pursues God; living a life that pleases Him.(Matthew 22:37; Philippians 3:8; 1 Corinthians 7:32; 2 Corinthians 5:9; 1 Thessalonians 4:1)
- A disciple reflects the life of Christ (Matthew 5:48; Ephesians 5:1-2; 2 Peter 1:3-4; Titus 2:11-12; 1 Timothy 6:11)
- A disciple learns spiritual maturity is developed through perseverance. (Matthew 5:48; Ephesians 4:13-16; James 1:2-4)
- A disciple lives to serve and honor others above themselves and seeks others' welfare before his own. (Matthew 25:40; Luke 6:31; Rom 12:10,16; 15:1-3; Philippians 2:1-5)
- A disciple develops the virtue of love. Gal. 5:22-23
- A disciple develops the virtue of joy. Gal. 5:22-23
- A disciple develops the virtue of peace. Gal. 5:22-23
- A disciple develops the virtue of patience. Gal. 5:22-23
- A disciple develops the virtue of kindness. Gal. 5:22-23
- A disciple develops the virtue of Goodness. Gal. 5:22-23
- A disciple develops the virtue of faithfulness. Gal. 5:22-23
- A disciple develops the virtue of gentleness. Gal. 5:22-23

- A disciple develops the virtue of self control. Gal. 5:22-23

4. A disciple develops the following Relationships

- A disciple knows the importance of relationships with fellow believers. (Matt 5:23,12:49-50; Hebrews 10:24-25; Ephesians 4:16; 1 Corinthians 12:14-31; Acts 2:42-47)
- Maintains God-honoring relationships with family (Ephesians 5:25-26,28,33; 6:1-4; 1 Timothy 5:4)
- Maintains God-honoring relationships with non-believers (John 13:35; Matthew 5:16; Titus 3:1-2; 2 Timothy 2:24-26)

5. A disciple develops the following Ministry Involvements

- A disciple recognizes their position as an ambassador for Christ (2 Corinthians 5:18-20)
- A disciple has compassion for the lost. (Matthew 9:36-38; 2 Corinthians 1:3-4; Colossians 3:12)
- A disciple has an intentional plan to spend time with non-believers seeking to evangelize them. (Acts 17:2-3; Mark 2:17)
- A disciple is not ashamed of the Gospel and looks for God-given opportunities to share the gospel, allowing the Holy Spirit to convict men of sin and show His great love for them (Acts 2:14; 2 Timothy 4:2, Romans 1:16, Acts 2:36-41)
- A disciplemaker recruits apprentices and pursues opportunities to disciple new believers to maturity in Christ. (II Corinthians 10:15-16; I Thessalonians 3:10; 2 Timothy 2:2)
- A disciplemaker encourages, corrects and builds up those whom he is discipling. Acts 11:22-24; Romans 1:12; Hebrews 3:13; I Thessalonians 5:14-15, Phil 4:8;)
- A disciplemaker has confidence in Jesus Christ, relying on His power and authority rather than himself or circumstances. (John 15:4-5; Acts 3: 16; II Corinthians 3:5-6; Phil 3:3; Philippians 3:3, 4:13)
- A disciplemaker lives a transparent life before his disciple in order to set an example for them. (Phil 3:17; I Thessalonians 2:8,10,12; II Thessalonians 3:9; Titus 2:7-8)
- A disciplemaker eagerly spends focused time with his disciples, loving, shepherding and encouraging them. (Mk 9:30-31; Acts 11:23; Phil 1:7,8; Colossians 2:2;
- A disciplemaker ministers to please and honor God, serving with a heart of humility. (Mk 9:35; Acts 20:19; I Thessalonians 2:4)
- A disciplemaker builds his ministry exclusively on Christ, praying for power to glorify Him. (1 Corinthians 2:2-5; 3:11)
- A disciplemaker ministers intentionally, working to bear fruit as a good steward. Romans 15:17-19; I Corinthians 9:27; 15:58; 16:13; II Corinthians 5:18-20; Phil 2:12; Col 1:10-12; II Tim 4:5,7)
- A disciplemaker exercises his spiritual gifts. (I Cor. 12:1, 1 Peter 4:10-11)
- A disciple engages in spiritual warfare. (Ephesians 6:10-18)
- A disciplemaker receives training in ministry leadership (Acts 2:42; Hebrews 13:17; 1 Timothy 4:6).
- A disciple begins to take the lead in ministry. Luke 10:1-17; II Tim 1:6-7)
- A disciple is faithful in ministry. (1 Corinthians 4:1-2)

Phase Four “Process”

MOTIVATED MINISTERS TO LIFELONG DISCIPLERS

A disciplemaker continues to grow in Christ exhibiting greater knowledge of the faith, increasing in Christ-likeness throughout their lifetime, and reproducing other disciplmakers with the goal of finishing the Great Commission.

Major Intent

- Build and maintain the faith, obedience, and character described throughout the New Testament.
- Applies the virtues of a disciple in disciplmaking
- Provide on-going accountability relationships for love, support and continued spiritual growth.
- Multiplication of disciples
- Ongoing Christ-like living

Final Goal

- Fully devoted follower of Christ
- Is a mature Disciple-maker
- Sustains on-going accountability relationships with a mentor and other Christian leaders.
- Lifelong growth in Christian habits and character.
- Focus on training others in spiritual growth, personal ministry and leadership.

Commitment

- Willing to follow Jesus at all cost
- Continues to exercise self-discipline to further develop Christian habits and virtues
- Multiplies other leaders

Involvement

- Actively leads or serves in ministry
- Trains disciples and emerging leaders for spiritual growth and ministry.

Duration

- Lifelong, abiding in Christ; till we see Jesus.

Approaches used

- Leadership and ministry community
- LIFE groups

Phase 4 Transformational Indicators

A. A disciplemaker practices the following behaviors:

- A disciplemaker makes Jesus Lord of all his life, and does not allow the things of the world to master him. (Mt 7:21; Jn 10:18; 13:13,35; I Cor 6:12)
- A disciplemaker counts the cost of being a disciple, and denies himself, takes up his share of suffering and follows Christ even to death. (Mk 8:34-35; 10:43-45; Lk 14:33; Jn 12:23; Col. 1:24)
- A disciplemaker endures when persecuted, even joyfully accepting being unjustly wronged, and blesses his persecutors. (Jn 15:18; Rom 12:12,14; I Cor 4:12; Heb 10:34)
- A disciplemaker glorifies God by willingly obeying, even unto death, for he has the hope that death is gain. (Mt 26:39; Mk 15:5; Lk 23:27; Jn 15:13; 21:19; Rom 16:4; II Cor 1:8; Phil 1:21; 2:8; I Jn 3:16; Rev 2:10,13; 6:9; 15:4)
- A disciple learns that suffering for Christ's sake can be expected, that it produces character and that it prepares us for glory. (Romans 5:3-45; James 1:2-4; Philippians 1:29)
- A disciplemaker serves others, continuously focusing on their needs, no matter how serious his own problems may be. (Lk 23:43; Jn 19:26-27; Phil 2:3,7)

B. A disciplemaker practices the following values and attitudes

- A disciplemaker seeks the interests of Christ and the things of heaven. (Phil 2:21; 3:12-14; 4:8; Col 3:1-4)
- A disciplemaker is content in all his circumstances. (Phil 4:11-13)
- A disciplemaker is intrinsically motivated, even to his death. (Phil. 1:21)

C. A disciplemaker practices the following habits

- A disciplemaker models his life after Jesus in all things, and walks in the same way in which He walked. (Jn 13:14; Phil 2:2; I Pet 2:21; I Jn 2:6)
- A disciplemaker perseveres in his faith, even to death. (Phil 4:1; Heb. 3:6,12,14; 6:11; 11:37)
- A disciplemaker overcomes temptation and practices freedom from sin, heartily keeping on cleansing himself from all spiritual and physical defilement while perfecting holiness. (II Cor 7:1; Col 3:5-9; Titus 1:6; Rev 21:7)
- A disciplemaker is a servant of Christ who knows God's will, and heartily subordinates his will to God's will. (Mt 26:39; Mk 15:5; Lk 11:2-4; Gal 1:10; Eph 1:1; 5:17; Col 1:7; 3:23)
- A disciplemaker lives as a sojourner, considering all personal merits as loss in order to gain the grace of Christ and seek to know God. (Phil 3:7-11)

D. A disciplemaker practices the following virtues

- A disciplemaker puts on Christ and abides in Him. (Jn. 14:17-20,23; 15:4-11; Eph 4:24; Col 3:10-14; I Jn 2:28; 4:16)
- A disciplemaker pleases God by being a good steward, choosing to serve God rather than money, and being both generous and honest in all financial matters. (Mt 6:24; Lk 16:1-13; 19:8; I Cor 6:12)
- A disciple loves God with all his being and living in a way that consistently reveals and glorifies Him. (Mt 5:14-16; 22:37-38; Luke 10:27; Acts 3:16; 14:15; Rom 12:11; I Corinthians 16:22; II Corinthians 1:10; Eph 4:30; 5:1-2,18; 6:10; I Thessalonians 5:19-20; Philemon v5; Heb 10:38-39; 11:5,8; Rev 2:4)
- A disciple willingly surrenders his/her whole life — even unto death — for Jesus' sake. (Mt. 10:37-39 16:24-26; Mk. 8:34-67; Lk. 14:25-27)

E. A disciplemaker practices the following relationships

- A disciple abides in Christ. Jn. 15:4
- A disciple loves other Christians with the love of Christ. Jn. 15:12

F. A disciple practices the following Ministry involvements

- A disciple avoids unhealthy quarrels and arguments, relying upon the Holy Spirit to convict men of sin and lead them to repentance. (John 16:8; 2 Tim. 2:14, 23-26 1 Peter 3:15)
- A disciple models the servant hood of Christ before other disciples. Mt. 20:28; Mk. 10:43-45
- A disciple works diligently prioritizing his ministry above all other commitments. Luke 9:62; I Cor15:10; II Corinthians 8:21; I Tim 4:16; 1 Peter 4:11).
- A disciplemaker prays for the spiritual growth and blessing of those he mentors as they enter the harvest. (Mt 9:37-38; John 17:6-18; Ephesians 3:14-19; Col 1:3-6,9; Philemon v6)
- A disciple is faithful to God's calling in his life regardless of suffering or rejection he faces.(Lk 10:4; Acts 13:46; Col 1:24; II Tim 1:12)
- A disciple is willing to endure danger or suffer persecution in order to share the gospel with others. (2 Corinthians 11:23-28; I Thessalonians 2:2; 2 Tim 1:8; 2:3,9-10; 4:5)
- A disciplemaker guards the spiritual life of his disciples by admonishing and exhorting them in sound doctrine. (Rom 15:14; II Corinthians 11:1-3; Gal 2:11; Col 1:28; 1 Timothy 4:6-8; Titus 1:9)
- A disciplemaker accurately evaluates the faith of his disciples, reminding them of the basics and teaching them on appropriate maturity levels. (1 Corinthians 3:1-3; Phil 3:1-3; II Tim 1:3-14; 2:14-16)
- A disciplemaker does the work of an evangelist, intentionally and proactively using every opportunity to share the Good News about Jesus, even to the ends of the earth, because he takes the Great Commission seriously. (Mk 3:14; Acts 1:8; 2:40; 8:14,30,35; 11:19-20; 13:4; 16:13; 17:2; 28:17; Rom 15:19; I Cor 9:19,23; II Tim 4:5)
- A disciplemaker fulfils whatever stewardship God gives him, understanding and cooperating with God's call of him and bearing fruit that remains. (Jn 15:2-4,16; 17:4; 20:21; 21:22; I Cor 9:17; Gal 1:15; Col 1:11,25)
- A disciplemaker reveals God to his disciples, allowing God's Word to be expressed through his daily life and intentionally striving to increase their maturity. (Jn 17:6; Rom 15:16; Col 1:28-29; 3:16-17)
- A disciplemaker rejoices in the fruit and blessing in his disciples' lives, even when personal suffering or sacrifice is involved. (Jn 19:30; Phil 1:7; 2:17,19; Col 1:24; 2:5; Heb 12:2)
- A disciplemaker is a team player, and so ministers cooperatively with respect for other leaders. (Gal 2:2,7; Phil 2:26; Titus 1:7)
- A disciplemaker teaches and equips his more mature disciples, using the wisdom of God's Word confidently and boldly, to the end that they will obey all that Jesus taught. (Mt 28: 19-20; Jn 21:15; I Cor 2:6; II Cor 3:12; 4:17; II Tim 4:2; Titus 3:8)
- A disciplemaker admonishes the unruly, preferring to appeal gently in love rather than to command obedience authoritatively. (II Cor 10:1-2,8; I Thes 2:6-7; 5:14; II Tim 2:25; Philemon v9)
- A disciplemaker proficiently and sharply confronts those who teach false doctrines, in order to protect his disciples from being deceived. (Acts 13:10,46; 15:2; 17:2-3; 18:28; I Cor 15:12; II Cor 11:12,14-15; Gal 1:8; 2:5; Col 2:4; I Tim 1:3; II Tim 2:21,23; Titus 1:9,13; 3:9,10 I Pet 3:15; II Jn v2,10)
- A disciplemaker rebukes disobedient and immoral Christians, appropriately teaching and restoring them or using church discipline for the good of his disciples. (Lk 17:3; Acts 8:20; 13:51; I Cor 5:2-3,5-7,9-13; 6:1-3; 15:33; II Cor 13:2; Gal 1:6; 6:1; II Thes 3:6,14-15; I Tim 5:20; Heb 12:15; III Jn v10; Rev 2:14)
- A disciplemaker trains trainers in the essentials of ministry and deploys them, sending them into the entire world to make other disciples. (Lk 24:47; Jn 17:18; 20:21; Acts 11:25; II Tim 2:2; Titus 2:4,6)

Schedule for Teaching a Survey of Every Book and Doctrine of the Bible

In order to teach all that Jesus commanded (intended us to do) we must, as Paul said, teach the “entire counsel of God.” This includes every book of the Bible and every doctrine of the Bible. Assuming a lesson time of 45 minutes, the chart below gives our small group or ABF teachers guidelines for teaching all of this in less than 10 years. To do this, the class should be allowed to choose the identity of each course, in any order they choose, including the choice of inserting 10 “electives” of their choice as long as no topic or book is repeated until all books and doctrines have been taught.

Book or Doctrine	# Weeks to Teach	Book or Doctrine	# Weeks to Teach
Genesis	12	1 Corinthians	8
Exodus	8	2 Corinthians	8
Leviticus	8	Galatians	4
Numbers	9	Ephesians	3
Deuteronomy	10	Philippians	2
Joshua	6	Colossians	2
Judges	10	1 Thessalonians	3
Ruth	2	2 Thessalonians	2
1 Samuel	10	1 Timothy	4
2 Samuel	10	2 Timothy	3
1 Kings	10	Titus	2
2 Kings	10	Philemon	1
1 Chronicles	6	Hebrews	9
2 Chronicles	12	James	4
Ezra	5	1 Peter	4
Nehemiah	6	2 Peter	3
Esther	4	1 John	4
Job	8	2 John	1
Psalms	12	3 John	1
Proverbs	6	Jude	1
Ecclesiastes	4	Revelation	14
Song of Solomon	4	Doctrine of God's Word	6
Isaiah	14	Doctrine of God	4
Jeremiah	12	Doctrine of God the Father	4
Lamentations	1	Doctrine of the Son	8
Ezekiel	12	Doctrine of the Holy Spirit	6
Daniel	8	Doctrine of Angels and Demons	6
Hosea	4	Doctrine of Man	6
Joel	1	Doctrine of Sin	4
Amos	4	Doctrine of Salvation	8
Obadiah	1	Doctrine of the Church	8
Jonah	2	Doctrine of God's plan of the Ages	8
Micah	2	Four week elective of your choice	4
Nahum	1	Four week elective of your choice	4
Habakkuk	1	Four week elective of your choice	4
Zephaniah	1	Four week elective of your choice	4
Haggai	1	Four week elective of your choice	4
Zechariah	4	Four week elective of your choice	4
Malachi	2	Four week elective of your choice	4
		Four week elective of your choice	4
Matthew	16	Four week elective of your choice	4
Mark	8	Four week elective of your choice	4
Luke	12		
John	12	<i>Total weeks to teach this</i>	<i>506</i>
Acts	12		
Romans	12		

THE FOLLOWING EVALUATION IS PROVIDED TO HELP YOU FIND AN EVALUATION TO HELP YOU DETERMINE WHERE YOU ARE ON THIS SPIRITUAL JOURNEY!

Spiritual Journey Evaluation

Please read each statement and circle the number that best represents your response:

1 = That's not me yet. 2 = Probably not me yet.

3 = Mostly like me. 4 = Definitely me now.

Seeking God – Discovery group	
1. I have heard the Good News about Jesus shared clearly and believe that Jesus Christ is God.	1 2 3 4
2. I have received Christ as my personal Savior.	1 2 3 4
3. I have publicly identified with Christ through baptism.	1 2 3 4
4. I regularly attend worship services and observe communion.	1 2 3 4
5. I regularly spend time in private prayer and reading my Bible and/or devotional books.	1 2 3 4
6. I have been watching Christians growing in their faith and I feel challenged to grow in my faith, too.	1 2 3 4
7. I am certain that God has forgiven my sin and that I will go to heaven when I die.	1 2 3 4
8. I am a beloved child of God and this new identity in Christ helps me overcome temptation and discouragement.	1 2 3 4
9. I know the purpose of the church and my need to be part of it.	1 2 3 4
10. I recognize my need for personal Bible reading, prayer, fellowship with other Christians and to share my faith with unchurched friends.	1 2 3 4
11. I belong to a small group where I experience close friendships and spiritual growth.	1 2 3 4
12. I trust the Bible as God's Word and have a basic understanding of the books, themes, historical timeline and teachings of the Bible.	1 2 3 4
13. I understand the foundational beliefs of the Christian faith.	1 2 3 4
Total for section 1: _____	
Sharing Christ – Growth group	
1. I have a strong commitment to my local church and enjoy the support and accountability of a close circle of Christian friends.	1 2 3 4
2. I am committed to honor Christ at home, in my work, with my possessions, and in all my relationships, seeking to develop godly inner character, not mere external observances of God's commands.	1 2 3 4
3. I am usually willing to suffer rather than to yield to temptation.	1 2 3 4
4. I pray regularly for my unsaved relatives and friends; spend social time with them and partner with other believers to share Christ's love in word and deed.	1 2 3 4
5. I seek to consistently live controlled and empowered by the Holy Spirit; exhibiting godly character and the Fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.	1 2 3 4
6. I am routinely involved in many of the following basic spiritual habits: worship, Bible study, Scripture memory, prayer, fellowship, evangelism, and the stewardship of time, talents and money.	1 2 3 4
7. I am consistently involved or assisting in a ministry at our church and have a fair idea of my spiritual gifts.	1 2 3 4
8. I have experienced the supernatural power of God—forgiveness of sin, victory over temptation, physical healing, answered prayer.	1 2 3 4
Total for section 2: _____	
Serving Others- LIFE group and MC	

1. I am able to discern when man's version of God's teaching deviates from God's intention behind His Word recorded in the Bible.	1 2 3 4
2. I recognize God as the source for all I have, and seek to honor Him in how I manage the money and material possessions He has entrusted to me.	1 2 3 4
3. I understand and value the various spiritual gifts of leadership and service given to Christians, and seek to use my gifts to honor Jesus Christ.	1 2 3 4
4. I am continuing to practice basic Christian habits like spending time with God daily, studying the Bible and praying and I am seeking to add new ones.	1 2 3 4
5. I am consistently involved in a ministry.	1 2 3 4
6. I am continuing to practice the habit of sharing my faith with non-Christians.	1 2 3 4
7. I am training others to do what I do in ministry (or to do another ministry).	1 2 3 4
8. I am making disciples (personally or with a small group) who themselves are currently making disciples or preparing to do so.	1 2 3 4
9. I can usually handle temptation, suffering and rejection for Christ with maturity.	1 2 3 4
10. I am fully devoted to Christ as my Lord and Master, willing to sacrifice, suffer or lose all for Jesus Christ.	1 2 3 4
11. I am serving faithfully on earth with a heart longing for Christ's return and the hope of eternity with Him in Heaven.	1 2 3 4
Total for section 3: _____	

Scores			
43-52	28-32	37-44	Growing Strong
29-42	17-27	21-36	On the Go
13 - 28	8-16	11-20	Ready to Grow
Discovery Group	Growth	LIFE groups	
	group.	Min Community	

TAKING THE “NEXT STEP” IN MY SPIRITUAL JOURNEY

Read each description and check the key ministry that will be the best “next step” for you:

DISCOVERY GROUP: Drawing near to God in worship and prayer, personally and corporately.

At this first phase of Jesus’ ministry, He invited spectators to get close to Him and become aware of who He was. He told them to, “Come and see.” In this phase, a seeker develops an interest in the claims of Jesus Christ, puts their faith in Christ leading to salvation and baptism and begins to intentionally grow in a life-transforming relationship with God.

☐ Key Ministry: Alpha dinners are a great addition to attending weekly worship. Alpha provides clear teaching and a relaxed environment for discussing spiritual questions with new friends.

GROWTH GROUP: Declaring the Good News of forgiveness and salvation through Jesus Christ.

Disciples who have completed this phase have become faithful witnesses to those who do not yet know Jesus Christ. Jesus said, “Follow Me and I will make you fishers of men.” In this phase, a disciple establishes a basic lifestyle of a follower of the Lord Jesus in the areas of Christian disciplines, behaviors, values and ministry involvement.

☐ Key Ministry: Impact Groups are special small groups that meet together for a year or longer in order to go deeper in their walk with Christ and become more effective as witnesses for Him.

LIFE GROUP: Demonstrating God’s love by using gifts and abilities to serve within the church, the community and beyond, and continuing to grow for a lifetime while making other disciples as well.

Jesus said, “Be with me” to the 12 disciples He selected, trained and sent out to serve in His name. Likewise, as Christ-followers, we are called to serve. A disciple continues to grow throughout life, utilizing intentional teaching and modeling. He also said, “Remain in Me.” In response, we develop a deepening love for and dependence upon Jesus as a daily life pattern. Our growth focus is on advanced attributes of Christlikeness, continuing to be equipped for ongoing ministry in alignment with their giftedness. We function as disciplemakers and abide in Christ for the rest of our life.

☐ Key Ministry: Ministry Teams are the core of how we work together. Some teams focus on disciplemaking leadership in mid-sized or small groups for children, youth or adults. Others serve in a variety of ministries within the church, community or beyond: choir, ushers, children’s ministry helpers, community outreach, ushers, greeters, short-term missions and work trips, etc.

Disciplemaking Curriculum

Teaching them to observe ALL I Have Commanded You!

Remain in Me
"Life Group"

Be With Me
"Life Group"

Follow Me
"Growth Group"

Come and See
"Discovery Group"

Curriculum for Phase four

- 1.
- 2.
- 3.
- 4.
- 5.

Curriculum for Phase three

- 1.
- 2.
- 3.
- 4.
- 5.

Curriculum for Phase two

- 1.
- 2.
- 3.
- 4.
- 5.

Curriculum for Phase one

- 1.
- 2.
- 3.
- 4.
- 5.

Curriculum for making Disciples